



Tumbling | Trampoline | Double Mini Trampoline

7th & 8th March 2008

WORKPLAN

Draft - 1st version (22nd February 2008)



BELGIUM



SPAIN



FRANCE



IRELAND



PORTUGAL

Pavilhão Multidesportos de Coimbra

Rua Infanta Dona Maria, Coimbra

Portugal

Wednesday (5th March)

Delegation's Arrival

6,00 pm – 9,00 pm: Free Training (to be confirmed)

THURSDAY (6th March)

Delegation's Arrival

9,00 am – 10,00pm: Free Training

9,00 pm: Orientation Meeting (at Competition Hall)

FRIDAY (7th March)

8,00 am - 9,55 am : Free Training

9,00 am: Judges Meeting (at Competition Hall)

10,00 am: Competition

Competition Schedule – QUALIFICATIONS**Friday Morning**

		TU	DMT			TR F	TR M
Warm-up	10,00am		JUN G G1	Warm-up	10,00am		U13 B G1
Competition	10,15am		JUN G G1	Competition	10,1am5		U13 B G1
Warm-up	10,45am	SEN W G1	JUN G G2	Warm-up	10,45am	U13 G G1	U13 B G2
Competition	11,00am	SEN W G1	JUN G G2	Competition	11,00am	U13 G G1	U13 B G2
Warm-up	11,30am	SEN M G1	JUN B G1	Warm-up	11,45am	U13 G G2	U13 B G3
Competition	11,45am	SEN M G1	JUN B G1	Competition	12,00am	U13 G G2	U13 B G3
Warm-up	12,15pm		JUN B G2				
Competition	12,30pm		JUN B G2				

Friday Afternoon

		TU	DMT			TR F	TR M
Warm-up	2,00pm	JUN G G1	U13 G G1	Warm-up	2,00pm		JUN B G1
Competition	2,15pm	JUN G G1	U13 G G1	Competition	2,15pm		JUN B G1
Warm-up	2,45pm	JUN G G2	U13 G G2	Warm-up	3,00pm	SEN W G1	JUN B G2
Competition	3,00pm	JUN G G2	U13 G G2	Competition	3,15pm	SEN W G1	JUN B G2
Warm-up	3,30pm	JUN B G1	U13 B G1	Warm-up	4,00pm	JUN G G1	SEN M G1
Competition	3,45pm	JUN B G1	U13 B G1	Competition	4,15pm	JUN G G1	SEN M G1
Warm-up	4,15pm	JUN B G2	U13 B G2	Warm-up	5,00pm	JUN G G2	SEN M G2
Competition	4,30pm	JUN B G2	U13 B G2	Competition	5,15pm	JUN G G2	SEN M G2
Warm-up	5,00pm		U13 B G3				
Competition	5,15pm		U13 B G3				

Friday Night

		TU	DMT
Warm-up	6,30pm	U13 G G1	SEN W G1
Competition	6,45pm	U13 G G1	SEN W G1
Warm-up	7,15pm	U13 G G2	SEN M G1
Competition	7,30pm	U13 G G2	SEN M G1
Warm-up	8,00pm	U13 BG1	SEN M G2
Competition	8,15pm	U13 B G1	SEN M G2

SATURDAY (8th March)

9,00 am-1,00 pm: Free training for Finalists

2,00 pm: Competition

Competition Schedule: FINALS

Saturday Afternoon

			TU	DMT	TR F	TR M			
Warm-up	2,30pm	20'	U13 G/B	JUN G/B	SEN W	SEN M	20'	2,30pm	Warm-up
Competition G1	2,55pm		U13 G	JUN B	SEN W		2,55pm		Competition G1
Competition G2	3,15pm		U13 B	JUN G		SEN M	3,15pm		Competition G2
Warm-up	3,45pm	20'	SEN W/M	U14 G/B	JUN G	JUN B	20'	3,45pm	Warm-up
Competition G1	4,10pm		SEN W	U14 G	JUN G		4,10pm		Competition G1
Competition G2	4,30pm		SEN M	U14 B		JUN B	4,30pm		Competition G2
Warm-up	4,50pm	20'	JUN G/B	SEN W/M	U13 G	U13 B	20'	4,50pm	Warm-up
Competition G1	5,15pm		JUN G	SEN W	U13 G		5,15pm		Competition G1
Competition G2	5,35pm		JUN B	SEN M		U13 B	5,35pm		Competition G2

6,00 pm: Award Ceremony

8,00 pm: Final Party

ADDITIONAL INFORMATION:

1. All Delegations must do their accreditation at the Secretariat, located in the Competition Hall;
2. Only accredited persons (gymnasts, coaches, judges and officials) will be allowed to enter the competition area.
3. **Every Club/Federation who doesn't have made the payment (10€ per gymnast) by the time of the competition, cannot compete!**
4. The competition cards must be delivered at the orientation meeting (Thursday 6th March);
5. **Competition Rules:**
 - a. The WAG Rules will apply to the Under 13 competition (TU, TR and DMT) and the FIG Code of Points will apply for Junior and Senior competition (TU, TR and DMT) with one exception:
 - i. **All gymnasts (U13, Junior and Senior) in all disciplines (TU, TR and DMT) with the best 8 scores will pass to the Finals. The Finals will start from zero.**

ATTENTION: This is a draft workplan. There might be some changes!

PARTICIPANTS

 POR - AACo	Associação Académica de Coimbra
 POR - AAUTAD	Assoc. Acad. da Universidade de Trás-os-Montes e Alto Douro
 POR - ADC	Associação Desportiva do Carregado
 POR - ADL	Ateneu Desportivo de Leiria
 POR - AEFDTV	Associação de Educação Física e Desportiva de Torres Vedras
 POR - AGS	Associação de Ginástica de Santarém
 POR - APAGL	Associação de Pais e Amigos da Ginástica de Loulé
 POR - BL	Bodyland
 ESP – CGAG	Club Gimnastico Acrobatos de Granada
 POR – CPCC	Casa do Povo do Concelho do Cadaval
 POR – CRDBR	Clube Recreativo e Desportivo Brasileiro o Rouxinol
 ESP – CXP	Club Ximnasia Pontevedra
 ESP - FCG	Federació Catalana de Gimnastica
 ESP - FCM	Federación Castilha La Mancha
 FRA – National Team	Fédération Française de Gymnastique
 POR – National Team	Federação Portuguesa de Trampolins Desportos Acrobáticos
 ESP - FMG	Federacion Madrileña de Gimnasia
 POR - GCL	Ginástica Clube de Loulé
 POR – GCO	Ginásio Clube de Odivelas
 POR - GCS	Ginásio Clube de Sines
 POR – GCV	Ginásio Clube Vilacondense
 POR – GGC	Gimnofaro Ginásio Clube
 POR - GMNA	Gimnoanima
 IRL – National Team	Irish Gymnastics
 POR - LGC	Lisboa Ginásio Clube
 FRA – SCD	S. C Draveil

PARTICIPANTS (cont.)

 BEL - SD	Sportac'86 Deinze
 POR - SCP	Sporting Clube de Portugal
 ESP - SG	Seleccion Galega
 POR - SFEM	Sociedade Filarmónica Estrela Moitense
 POR – SFGP	Sociedade Filarmónica Gualdim Pais
 POR - SFRUA	Sociedade Filarmónica Recreio e União Alhosvedrense
 POR - TST	Trapolins de Santo Tirso
 POR – VFC	Vitória Futebol Clube